

# CAR SEAT AND SEAT BELT FIT GUIDE



## Rear-Facing

As long as possible—often until after age two and 30 pounds.



## Forward-Facing

Use until the child reaches the highest weight or height allowed by the car seat manufacturer.



## Booster

Once a child is too big for a forward-facing seat, move to the booster. At least age 4 and 40 lbs.



## Seat Belt

Booster seat recommended until seat belt fits correctly. No younger than age eight. *Proper fit: lap belt across the hip bones and shoulder belt across the chest and positioned at mid-shoulder.*

See Visual Seat Belt Fit Guide



## Back Seat

All children under 13 years of age should sit in the back seat properly restrained in a car seat or seat belt.

Age (Years)	Birth	1	2	3	4	5	6	7	8	9	10	11	12	13+
Infants & Toddlers Rear-Facing Car Seat														
Toddlers & Preschool Forward-Facing Car Seat														
School-aged Children Booster Seat														
Older Children Seat Belt														
REAR-FACING CAR SEAT														
FORWARD-FACING CAR SEAT														
BOOSTER SEAT														
SEAT BELT														

**Utah Law:** All passengers must wear seat belts and children up to age 8 must be properly restrained in a car or booster seat. Children who are 4'9" before the age of 8 can be restrained by a vehicle lap/shoulder belt.

For more information on proper car seat and seat belt fit, go to [ClickIt.Utah.gov](http://ClickIt.Utah.gov)