



**PONTE EL
CINTURÓN**
BUCKLE UP

| Activity Ideas

Utah Highway Patrol (UHP) Seat Belt Convincer

To help increase seat belt usage, the Utah Highway Patrol has two seat belt “convincers” which simulate a 5 mile per hour crash. The impact is small enough that it won’t cause injury, but significant enough to demonstrate how a seat belt holds you safely in place during an impact.

Follow this link to schedule the seat belt convincer at your school.

<https://highwaypatrol.utah.gov/programs/public-information-and-education/>

Poster Contest - I Click-It Because...

Have a poster contest for students to give the reasons why they buckle up. Some examples include: “I Click-It because...I love my family”, “I don’t want to be injured” or “to arrive safely at...”, etc. Award prizes to the winners or have a random drawing, because any excuse to buckle up is a winner.

Click-It Club - Poster Contest

We are having a poster contest highlighting the importance of buckling up!

We are asking all students in grades K-5 at your school to create a poster representing their reason for buckling up each time they get into a vehicle. This poster could show all the reasons why they Click-It or all the people and things they love and want to buckle up and stay safe for.

The posters will be titled “I Click-It because.....”

These reasons can include:

- Because I love my family
- To be a good role model for my parents or brothers/sisters
- To arrive safely at all the fun places I go
- Any other reason the student loves to Click-It/Buckle Up each time

Posters can be any size, but MUST include their First and Last Name, Grade, and Teacher.

One winner will be chosen from each grade and will receive a special Click-It Club award.

Posters are due to class teachers by _____

If you have any questions, please contact _____

Thank you for your participation in this important safety campaign.



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Classroom Ideas

For safety week, have each class decorate their classroom door with a seat belt pledge. Have each class create a banner and give reasons why they “Click-It” and display them in the lunchroom or hallways.

Share a Video or Two

Seat belts save lives. To learn more about seat belts and traffic safety, visit www.zerofatalities.com.



Videos to share:

[If You Love Someone, Tell Them to Buckle Up.](#)

[Living Proof](#)

[Tell Loved Ones](#)

[Remember Importance of Buckling Up](#)

[Chalk one up for ZF](#)



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Class Video

With the provided script, create a Click-It video. Each student in the class can participate and once the video is finished, play it for the school.

Video Script for Click-It Club

1. As a Click-It Cadet, it's my job to Buckle Up and remind others to Buckle Up!
2. Please Buckle Up and remind everyone else in the car!
3. Kids need to be in a booster seat until they reach 4 foot 9 inches.
4. Kids in booster seats must wear both lap-and-shoulder belts.
5. A booster seat lifts you up, so the seat belt fits you properly.
6. Seat belts are designed for one person. Everyone should have their own seat belt!
7. Click-It and make it home safely!
8. NEVER wear the shoulder belt behind your back or under your arm.
9. First, take off your backpack and then put on your seat belt! Click-It!
10. Make sure the seat belt fits across your shoulder and hips to protect you in a crash!
11. Seat belts should be flat, not twisted.
12. If you're under 13, it's safest to ride in the back seat!
13. Click-It 1st. Bug your sister 2nd!
14. I Click-It because...(Give your reason for buckling up)
15. Buckle Up, Every trip, Everytime.
16. Seat belts save lives.
17. Guess what? _____ has reached 4 foot 9 inches tall. He/She is our booster graduate! Yeah!!! (Class cheers)
18. Seat belts give the best hugs (students can pick a friend-give a hug).
19. You never know when a crash will happen, so be prepared by wearing your seat belt.
20. Most crashes happen near your home, so ALWAYS Buckle Up.
21. (# of Fatalities) lives have been lost this year on Utah roads. Be safe and always Click-It.
22. Zero Fatalities is a goal we can all live with.
23. Don't fumble with your seat belt! Buckle Up.
24. Love Em, Buckle Em, Keep Em.
25. No matter the distance, let's Click-It.
26. If you love someone - tell them to Buckle Up.
27. Car doesn't move until everyone buckles up!
28. Use your super powers to influence others to always Click-It.
29. Airbags come out at 200 mph, that's fast. Make sure you are buckled in the back seat!
30. The law in Utah is that children under the age of 8 must be in a child car seat or booster seat.

GROUP - (School Name/Mascot) - Let's Click-It! or even Minions Click-It (whatever your theme is.)

(Print enough tags for each student. Students who participate are asked to read over and practice their tag line, then we record each student with their part, make a movie in iMovie, and play it in the classroom or an upcoming assembly.)

****Make sure you have a media release for each student, check with the school's social media policy before posting anywhere.*