
Buckling Up is “EGGSACTLY” Right

Many times when we get in the car, we quickly buckle our seat belt or haphazardly place our children in their car seats. It would make our journey so much safer if we were meticulous and “eggsact” in using these safety restraints. Bodies are fragile just like eggs and if not properly protected, they can get “cracked” too.

Remember that all children should ride in a car seat or booster seat until the seat belt fits them correctly, usually around 4’9” tall.

Some injuries people get are minor and heal without a great deal of problems. But people injured in motor vehicle crashes often suffer life-threatening and life-long injuries that affect them for years to come. Humpty Dumpty was put back together again after his great fall, but you could always see his cracks as the result of his terrific fall. Be “eggsact” in your safety behaviors in and around the car and always “hop in and buckle up!”

For more information, go to ClickIt.utah.gov.

